



# VILLAGE OF RIDGEWOOD

131 N. MAPLE AVENUE, RIDGEWOOD, NJ 07450

## **Ridgewood Stigma-Free Meeting Agenda September 16, 2025**

1. Welcome & Approval of Minutes (Danielle Caputo)
2. Recap of the following (Danielle Caputo):
  - a. August 31, 2025 - International Overdose Awareness Day
  - b. September 12, 2025 - Youth Mental Health First Aid Training
  - c. September 13, 2025 - Kickoff for Mayors Wellness Campaign – 1 Million Minutes of Wellness
3. Village Council Report (Siobhan Winograd)
4. Sing! for Mental Health Project (Committee Discussion)
5. Committee News/ Upcoming Events:
  - a. October 6, 2025 - Knock Out Opioid Abuse Day
  - b. October 7, 2025 – Flu Clinic
  - c. October 28, 2025 – Narcan Training from 6:30-7 pm at Village Hall
  - d. 1 Million Minutes of Wellness – September 13, 2025 through December 5, 2025

**Next Meeting October 21, 2025 at 3:00 pm via Zoom**