

## Ridgewood Stigma-Free Meeting Agenda October 21, 2025

- 1. Welcome & Approval of Minutes (Danielle Caputo)
- 2. Recap of Events (Danielle Caputo):
  - a. October 7, 2025 Flu Clinic
  - b. October 16, 2025 Thrive Together: A Community Gathering for Connection and Well-Being (Access, Age Friendly Ridgewood, and Parks and Recreation Event)
- 3. Village Council Report (Siobhan Winograd)
- 4. Committee Discussion Initiatives for Winter/Spring:
  - a. Cards of Joy (begins November)
  - b. Viewing of The Upstanders and/or RACE to Be Human with Ridgewood Public Library (Spring)
  - c. Collaboration with Baker Street Psychology/ Cape Center with Access Committee (Spring)
  - d. Brainstorm other topics of interest
- 5. Committee News and Upcoming Health Events:
  - a. October 23, 2025 Blood Drive from 12:00-6:00 pm at Village Hall
  - b. October 28, 2025 Narcan Training from 6:30-7:00 pm at Village Hall
  - c. October 30, 2025 Your Identity Matters: Learn How to Keep It Safe from 10:00-11:00 am at Village Hall
  - d. November 4, 2025 Sober Curious: Exploring Life Beyond the Buzz from 7:00-8:00 pm, Virtual (Valley)
  - e. 1 Million Minutes of Wellness September 13, 2025 through December 5, 2025

Next Meeting November 18, 2025 at 3:00 pm via Zoom